



## Are you looking for somewhere you feel listened to and understood?

## Autism Central is here to help.

The Autism Central Peer Education programme is for parents, carers and personal assistants of autistic people. Daisy Chain is the Regional Hub for North East and Yorkshire and provides:

Online and face to face learning workshops

School coffee mornings

Virtual support sessions

In-person peer support groups

Stay & Play

Drop-in sessions across North East and Yorkshire

Support is provided by parents and carers of autistic people who are happy to share their knowledge and experience with others.



Visit our website



support@daisychainproject.co.uk



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Ask for the Autism Central team.