



## Learning Workshops

## North East & Yorkshire

## As part of the Autism Central programme, Daisy Chain provides a range of online learning opportunities covering a variety of topics to help support individuals and families.

These online sessions are free and open to families living in the North East and Yorkshire. Autism Central offers families and carers of autistic people high-quality and easily accessible autism education, training, and support through peer educators, alongside a dedicated website. Peer educators are autistic people, and parents and carers of autistic people, who have been trained to support other families. Daisy Chain Project hub is delivering

Autism Central in the North East & Yorkshire NHS England region. www.autismcentral.org.uk

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Please see information below for each individual session, as times, days and delivery methods are varied. You can access our training sessions if you have a young person with traits, undergoing, or diagnosed with autism, ADHD, FASD or sensory processing differences.

Book online: https://www.daisychainproject.co.uk/event/learning-workshops/

## UPCOMING SESSIONS

Friday 9th February 2024 - Introduction to Autism / 10am-12pm
Friday 16th February 2024 - Strategies to Support Eating / 10am-12pm
Monday 19th February 2024 - Sensory Differences / 5.30pm-7pm
Friday 23rd February 2024 - Girls and Autism / 10am-12pm
Monday 4th March 2024 - Elective Home Education / 5.30pm-7pm
Friday 8th March - After School Distressed Behaviour / 10.00am-11.00pm
Friday 15th March - Explaining Autism to the Wider Family / 10.00am-11.00pm
Monday 18th March - Primary to Seconday School
Transitions / 5.30pm-6.30pm
Friday 22nd March - Introduction to Autism / 10.00am-11.00am

