## Working together to support the person you care for

Cumbria, Northumberland,
Tyne and Wear

NHS Foundation Trust

**Getting to know you** - is our way of getting to know the whole family. Healthcare staff will offer support to you, listen to you, share information with you and involve you in decisions around care planning, including reviews and discharge.

A member of staff will provide you with more details and explain your rights through the **Getting to know you** process.













