
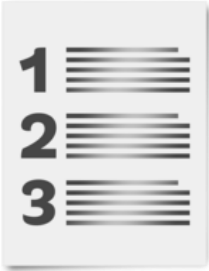







What stops people with a learning disability or autistic people having to go into hospital as an inpatient.

 	<p>In Newcastle we did some work with Inclusion North to find out what helps stop someone with a learning disability or someone who is autistic being admitted as an in-patient into a specialist hospital.</p> <p>These are some of the things we found out.</p>
	<p>Put the person and their family at the centre. Listen to them they are the experts. Listen to people who know people well and learn from them. They often know the best ways to support someone.</p>
	<p>Give good support to families. Trust them when they ask for support. This includes having a break from caring when they need it.</p>

What stops people with a learning disability or autistic people having to go into hospital as an inpatient.

	<p>Give good support to social care providers. Trust providers when they say they need support. Allow and support them to use any resources they have flexibly.</p>
	<p>Get an individual's accommodation right.</p> <p>Where and how people live is really important.</p>
	<p>For children and young people there were some extra things we found out.</p> <p>The role of the school/education is really important. They need to be able to spot the signs that things might not be right.</p> <p>Staff need to understand autism and what support someone might need. Schools should rarely or never exclude someone because they are autistic.</p>

What stops people with a learning disability or autistic people having to go into hospital as an inpatient.



Someone to help people and their families understand how the system works is really important. This person should be the same person rather than regularly changing.



These are some of the things that work.



Putting the person and their family at the centre of any support.

What stops people with a learning disability or autistic people having to go into hospital as an inpatient.

	<p>Give people help and support early to prevent things getting worse.</p>
	<p>Any services supporting someone need to make sure they are communicating with each other, and they need to make sure the support they offer is joined up.</p>
	<p>Specialist support needs to be available when needed.</p>
	<p>Good quality accommodation/housing needs to be available.</p>