

Impact Report

Statistics

During the 2021-2022 Academic Year, RISE:



Worked in **71** Schools across Newcastle and Gateshead



Reached **36,740** Children and Young People in schools through 1 to 1 work, groups and assemblies

Feedback

Feedback received from young people in June and July 2022 about group and 1-1 work with RISE during the final term of the 2021/2022 academic year in schools across Gateshead and Newcastle.

Topics covered: Anger, Anxiety, Challenges and Being Brave, Friendship, Emotional Literacy, Emotional Regulation, Resilience, Self-Esteem, Transition and Worry.



534 young people across Gateshead and Newcastle provided feedback about group and 1 to 1 work with RISE across the final term of the 2021/2022 academic year.



83% of young people said they enjoyed the sessions they attended with RISE.

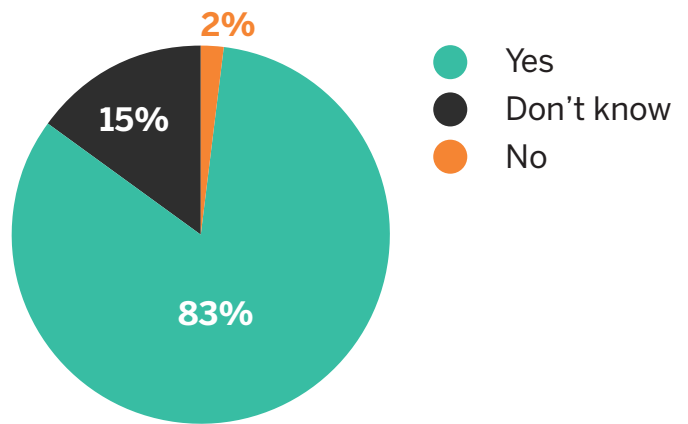


73% of young people said that they learned something new in their RISE sessions.

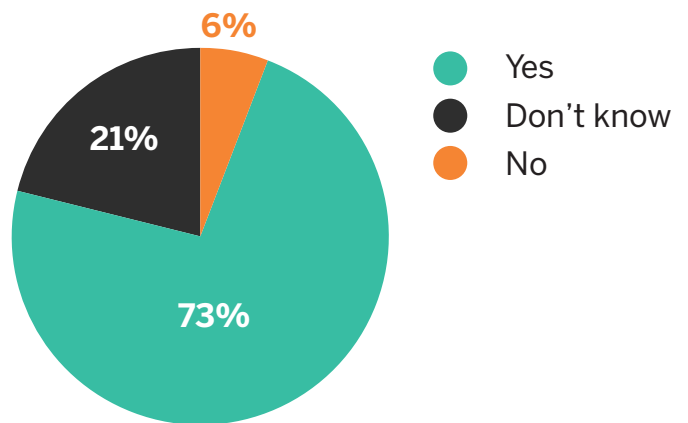


59% of young people are already planning to use their new skills in the future.

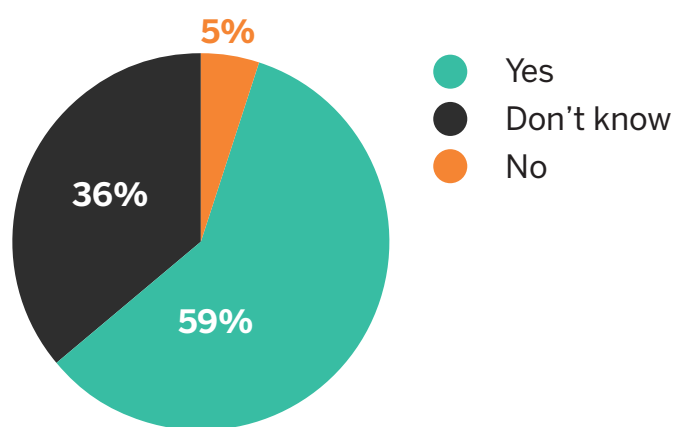
Did you enjoy the session/s?



Did you learn something new in the session/s?



Will you use what you have learnt in the future?



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The Children's Society

Feedback

A selection of feedback quotes from children and young people:



I like that you always talk about real life problems and that you are always available to talk to if you are worried. **I think everything you do in session is useful.**



I liked these sessions because it helped me behave a lot recently. My mam has seen a huge improvement in my actions and has noticed I am a bit calmer since these sessions. **Thanks!**



I think everything you did was good. I plan to use my new skills when people need help. I will help them.



It helps me understand more things and makes me **more confident about myself.**



I would recommend this to a friend that is feeling low. **I enjoyed the sessions I had.**



I liked talking to RISE about things I need to get off my chest.



I liked everything. **This is amazing.** I want to do this every term!

A selection of Feedback Quotes from professionals and parent/carers:

Professionals

“The offering we had meant all our children benefitted in some way: those who require extra support worked in small groups with RISE and it was clear from their feedback when they returned to class that they found the sessions helpful. The transition lessons they did with my Year 5 class were engaging and useful and the short assemblies about different wellbeing topics ensured all pupils could access .”

“I feel RISE has been invaluable to the children who have been part of it and also in expanding the knowledge of the staff it has supported.”

“Amazing session - you could tell the class were engaged and wanted to know more.”

Parent/Carers

“A parent said that their child ‘has come on amazing’ and has had very few instances where she has wobbled. When she did have a tricky moment, she used the techniques herself that RISE covered with her, and she was able to bring herself out of this within 20-30 minutes.”

“Thank you for the work you have done with [my son], you can see that it has made such a big difference and the fact that he talks to you is such a big thing for him. Both myself and school have noticed and commented on this.”