**Insecure Attachment Support Plan. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |  |
| --- | --- | --- |
| **Additional Learning Needs****Social, Emotional and Behavioural Difficulties (Insecure attachment) due to severe disruption to early schooling.** **What does this mean?**I find it difficult to;* Mix with peers
* Have confidence in myself
* Be optimistic about the future and people close to me
* Believe that the world is a safe place
* Believe that adults can protect me
* Feel safe
 | **I learn best when;*** I’m with peers who will talk to me and look and sound friendly
* I get positive attention
* Adults are consistent and reliable
* My day is predictable and safe

**I try to keep myself to myself by*** Winding up other people so they shout at me and give me a reason to sit back
* Provoking peers so attention is on their behaviour rather than mine
* Tell tales about peers to get them into trouble.

**I really do want to join in but don’t want to risk it going wrong. This might make me;*** Tap on tables
* Argue with peers.
* Fiddle with equipment.
* Say I don’t want to join in.
* Stay near an adult at playtime where it is safe.
* Ask for jobs to do.
 | **You can help if you…*** Ignore low level attention seeking behaviour, or redirect it sensitively
* Let me, and others know when I get it right.
* Making me feel good about myself by praising me a lot.
* Help my peers see me in a different light.

**Key facts about attachment****Children who are insecurely attached;*** **May feel lost or unnoticed and seek to address this balance with attention seeking behaviour.**
* **May feel they are worthless and seek to prove this is right each time they meet new adults.**
* **May provoke hostile reactions in the teacher to reinforce their self doubt.**
 |