



Relationships, Sexual Health & Contraception Sessions

Young people can call in and talk with our NHS nurses in private about relationships, the pill, implant, pregnancy testing, emergency contraception, STI's infections, and receive support and advice on any sexual health issue.

C-CARD

Young people can call into Streetwise or contact any of our youth workers to register for a C-Card, this is where we provide young people with lots of information about positive relationships, how the body works, how to stay safe and use condoms if/when they need them. Once young people have been registered for a C-Card, they will be able to access any C-Card outlet in the North East and receive free condoms.

M-Card

Young people can call into Streetwise or contact any of our youth workers to register for your M-Card, this is where we provide young people with lots of information about periods, how the body works, period products and safety, Once young people have been registered for your M-Card, they will be able to received free period products as and when they need them.



For More Information:



If you would like more information, please visit our website.

If you have been affected by any of the issues described in this leaflet you can talk to a Counsellor or a Youth Worker at a Streetwise drop-in.

Advice is FREE and CONFIDENTIAL.

Produced by: Streetwise Young People's Project:

Young People's Information, Advice, Counselling, Sexual Health and Support Service for 11-25 year olds.

Streetwise

YOUNG PEOPLE'S PROJECT

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SCAN ME

Registered Charity Number: 1058360

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Streetwise provides a range of free and confidential information, advice, guidance and supports services that respects young people's rights and meets their individual needs, helping young people to grow into happy, healthy and resilient young people.



Streetwise

YOUNG PEOPLE'S PROJECT

Who Can We Help?



We can help anyone aged between 11 – 25 years, through a wide range of support services.

Our services are free, confidential, and accessible.

Services are available 6 days a week.

Please see website for more information.

Advice & Support

During our drop-in sessions, young people can call in without an appointment and talk to youth workers in private about anything. This could be a personal issue or a friend/family concern or a specific difficulty.

Confidential

We are a confidential service. We will respect young people's privacy. We will not talk to anyone else about a visit, problems – including family members or care workers – without speaking to young people first and getting their permission. We want young people to feel safe to talk to us so we can help them. This applies even if you are under 16 years old.



Confidentiality can be broken if a young person tells us you (or someone else) are at risk of serious harm. In that case we might have to pass on that information. We have a duty to keep young people safe. We would always try to discuss this with young people first and work with them to do what is best for the young person.

Mental Health & Emotional Wellbeing

Young people can arrange to meet with a Mental Health & Wellbeing worker or Counsellor and talk in confidence about any worries or concerns they may have, no matter how big or small these are. One to one counselling can be arranged which usually last for six weeks or Emotional Wellbeing sessions can last longer. More information about our Mental Health & Wellbeing and Counselling services can be found via our website or just call us.

Community & School Outreach Hubs

Young people can catch up with our youth workers in Community & School Hubs around Newcastle. For further information see our website. At these sessions we hope to provide young people with fun activities, food, trips, support and/advice with sexual health including C-Card, M-Card. Young people are also encouraged to become involved in Social Action work – making a difference in THEIR local community.



Young People's Groups

Streetwise Youth Board, is made up of a group of young people 'Champions', who meet up weekly and get involved in a wide range of opportunities within the project including; delivering training, social action projects, making videos, planning fundraising and holiday events, promotional work, monitoring and evaluation and research.

We also run participation and/or wellbeing groups for young people, where local young people come together on similar issues and engage in a programme of activities and events that help make a difference.

If young people are interested in joining any of these groups please see our website for further details.

