Visual Timetables











A visual timetable will help your child to know what is happening during the day by providing a picture to go with each activity.

Visual timetables are usually stuck on the wall so your child can see and also reach it. This will mean your child can go and look at the timetable whenever they need to in order to see what comes next

To begin with, it may be useful to refer to the timetable as you move from one activity to the next, either by going to the timetable with your child and pointing to what will happen next or by bringing the card of the next activity to show them.

When each activity is finished, remove it from the timetable. This will help your child to see that the activity is finished and also see what they have to do next.