

Newcastle EPS Collaborative Document

A collection of guidance, videos and leaflets produced by the Educational Psychology Service for use by a variety of audiences.

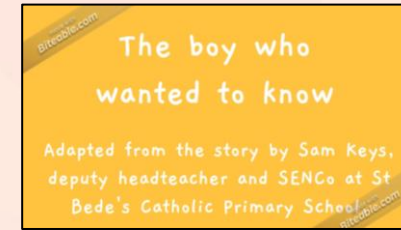
Worry



Let's Talk About Worry
Guidance document for adults supporting young people with worries and strategies to support them.

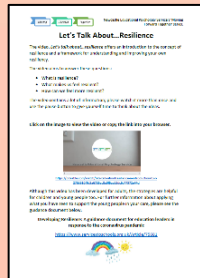


Video: Let's Talk About Worry
Short video explaining the main features of worry and how to support young people effectively.



Video: Worry for children
A story explaining what worry may look and feel like and how to manage worrying feelings.

Resilience/ Coping



Let's Talk About Resilience Video Guidance
Leaflet explaining the Resilience video and details for further guidance.



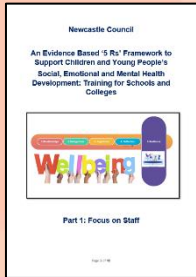
Video: Let's Talk About Resilience
Video giving brief overview of what resilience means and how to support young people becoming more resilient.



Developing Resilience: A Guide for Education Leaders
Guidance for education explaining how to identify their own good practice and supporting themselves and those they work with to be resilient following the pandemic.

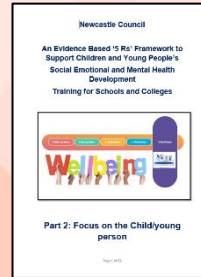
Key for Audience:

- Schools
- Parents
- Children/ Young People



5 Rs Framework for supporting staff

Linked to the SEMH Training Offer, this guidance discusses how to support staff so they feel psychologically ready to support children and young people.



5 Rs Framework for Supporting Young People

Linked to the SEMH Training Offer, this guidance explains how schools can build on existing foundations to support the social and emotional needs of children and young people they work with.



Video: How to Navigate the SEMH Document

This video describes how to get the most from the two SEMH Training documents (The 5 Rs) and who they might be most appropriate for.



Video: Newcastle 5 Rs Framework

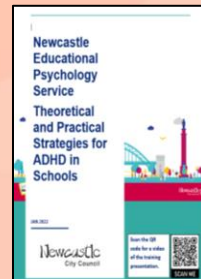
Explanation of the 5 Rs, which are referenced throughout the SEMH Training documents. Also explains the importance of connectedness.

Educational Psychology Training



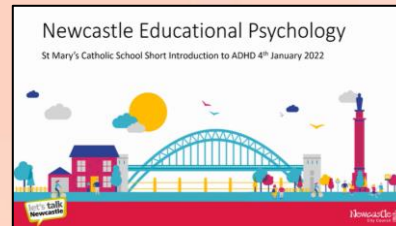
Video: The Role of the Educational Psychologist

Information about what an Educational Psychologist is, the different roles they may take and their perspective on the role.



ADHD Training

Background, features of ADHD and information about toolkit strategies to be used by professionals.



Video: ADHD Training

Follow on training video detailing descriptors of ADHD and practical support strategies.



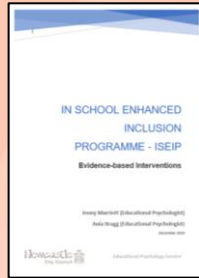
Video: What is a Designated Mental Health Lead?

Information about the Mental Health Lead Training and the training offer supported by Newcastle EPS.

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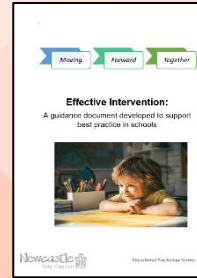
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Inclusive Practice



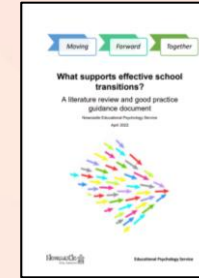
In School Enhanced Inclusion Programme

An introduction to universal and targeted support interventions for use in schools with young people.



Effective Intervention in Schools

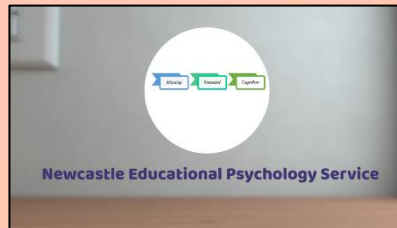
Support and guidance utilising Assess, Plan, Do, Review to support young people following the return to school after the pandemic.



What supports effective school transitions

Literature review on the features of effective transition for young people.

Tools for Support



Video: Person Centred Practice

Information on what person centred practice is and how you can apply the principles to your work.



Basic PH Model of Coping

Supports people in identifying the ways in which they best cope to deal more effectively with stressors.



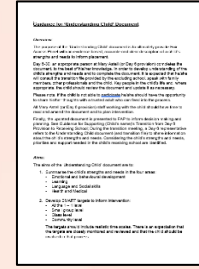
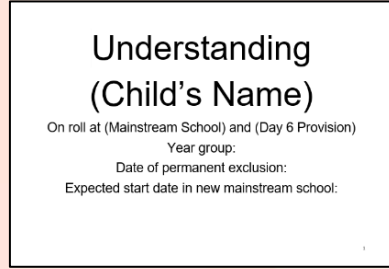
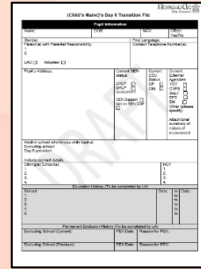
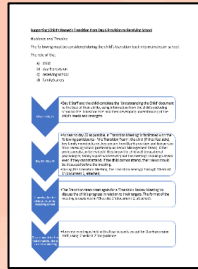
Circles of Vulnerability

Resource sheet designed to identify specific issues or areas of difficulty around an individual. Often used following critical incident or trauma.

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Day 6 Provision



Supporting Transition from Day 6 Provision
Guidance detailing the processes to follow when supporting a young person into a new educational provision.

Sixth Day Provision Transfer File
Document for schools to use when detailing the needs and support requirements of a young person.

Understanding the Child (Day 6 Provision)
Document detailing the strengths and needs of a young person in four key areas (Emotional and Behavioural, Learning, Language and Social Skills and Medical/ Health needs).

Guidance for Understanding the Child Document
Support and information for the member of staff completing the 'Understanding the Child' document.

Group Supervision



Solution Circle Flyer
Information Leaflet on the offer to schools regarding group consultations.

Video: Group Consultation
Video detailing the theory behind group consultation and explaining how the sessions will be structured.

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Emotionally Based School Non-Attendance



Padlet: Emotionally Based School Non-attendance

A source of information for schools,
young people and families with
suggestions of tools to use, practical
strategies and further reading.

Autism



Padlet: Autism

A source of information for schools,
young people and families with
specific ASC resources as well as
more general SEN support.

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